

Sipili Medical Camp Feb 25, 2025 - Final Report

Date: Saturday, 25th Feb 2025.

Time: 08:00am -04:00pm

Venue: Sipili Catholic Parish, Sipili Ward.

Partners: *Chief Jane Gachago, Hon. Cecilia Kirira, Pope Benedict Hospital, St. Cecilia Community Learning centre.*

Objectives:

The primary objective of the medical camp was to increase awareness about cancer prevention, facilitate early detection, and provide necessary medical interventions to enhance community health and well-being, encapsulated by the theme "Cancer Prevention for a Healthy Community - While the Community Wins, Cancer Loses."

This initiative aimed to provide accessible cancer screenings for a variety of cancers including Breast, Cervical, Ovarian, Prostate, Blood, Gastrointestinal, Brain, Eye, and ENT cancers.

Participants:

The medical camp saw a significant turnout with a total of 605 attendees as evidenced by the cards given:

- Men: 223
- Women: 362
- Children: 20

The target population was 400-700 attendees which were well achieved in the camp.

The camp was supported by a dedicated team of healthcare professionals:

20 Nurses

5 Clinical officers

4 Medical officers

3 Consultants

2 Lab tech

2 Pharmacy techs

2 Radiologist

1 Counselor

1 Nutritionist

1 Driver

1 Medical coordinator

Additionally, 20 community health promoters assisted with various tasks, particularly during entrance and registration. The event featured prominent speakers such as Dr. John from Pope Benedict Hospital (Medical Coordinator) and Kencras Chairperson Fr. Dr. Onesmus Kamau. Chief Jane Gachago and her team played a crucial role in organizing the event and was very instrumental in mobilization of attendees through announcements. The

St. Cecilia Community Learning Centre and Olmoran School buses were used to ferry the attendees to and from their residence.

Activities: A wide range of activities were conducted to ensure comprehensive cancer screenings and health education:

- Free screenings for various types of cancer.
- Educational sessions on cancer prevention and early detection.
- Personalized consultations and medical advice from specialists.
- Distribution of informational materials on cancer awareness.

The camp prioritized quality over quantity, providing thorough and attentive care to all attendees. Despite a lower turnout compared to the previous camps, the event excelled in delivering high-quality services.

3 patients were transported to Pope Benedict Hospital for hospitalization due to their critical conditions.

Referrals: A total of 60 referrals were made to various specialties, ensuring that participants received follow-up care as needed.

Referrals done are among the following:

- Obgyn referral -12
- Urology -7
- Ent- 11
- Surgical -15 cases. Three cases have already undergone thyroidectomy, fistulectomy, hernia repair.
- Obstetric & Gynaegology/colonoscopy -5 cases
- Pap smear -10 cases
- Cardiology 5 cases. 2 already reviewed and echo done
- Orthopedic 7 cases
- MOPC/DOPC- 15 patients
- POPC-5 patients

More than 25 patient where assisted to register with SHA by the CHPs and Pope Benedict Hospital clerk .

Total Referrals: 60 Suspected cases have been sent for further investigation. In instances where a referral involves a cancerous and needy case, Kencras will provide insurance coverage for one year.

Feedback:

The camp successfully emphasized quality care. Despite a higher number of attendees compared to previous events, the focus on quality ensured that every community member present received excellent service and treatment. Significant cases were detected and are being addressed promptly.

Points for Improvement:

- **Registration Process:** A clear area for improvement is the registration process. The venue should be ready the day before the camp to allow registration to begin promptly at the planned start time (08:00). Previous experiences have shown that attendees start arriving as early as 07:00, so a delayed start time cannot be afforded. Effective registration and queue management are critical to the camp's success, and ensuring readiness the day before is crucial to achieving this goal.
- **Kencras Involvement:** It is essential for Kencras to have a more substantial presence on the ground. Volunteers and support staff should arrive the day before the camp for a final coordination meeting. This will ensure better preparation and smooth execution of activities.
- **Clear data collection system:** It was noted that some referrals could be lost in between the time of consultation and time of departure especially if the stations are situated in different locations. Measures should be put in place to ensure all the data collected in the camps is complete and reliable. This will ease the follow-up process and improve productivity of the medical camps.

Kencras Foundation

Photos/Media:





Social media links:

<https://shorturl.at/ctPxb> website.

https://www.instagram.com/kencras_foundation?igsh=Z3Ewa2E5dmM5eGo3 – Instagram page

<https://www.facebook.com/profile.php?id=61561265757878&mibextid=ZbWKwL> – Facebook page

https://youtube.com/@kencrasfoundation?si=Qsay8WTq_4M87VOK – YouTube channel

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